



# ECO-FRIENDLY BIRTHDAY PARTIES!

## PARTY TIPS

- ✓ Let your child choose the party theme (ex. insects, reptiles and amphibians, birds or dinosaurs).
- ✓ Use recycled paper or email your invitations
- ✓ Make your own party favors from recycled goodies around your house or give each child that attends the party something more useful, maybe a small plant or packet of seeds.
- ✓ Ask that all gifts be wrapped in newspaper, homemade wrapping paper or reusable gift bags.
- ✓ Encourage friends to carpool to the party location.
- ✓ Provide cupcakes instead of cake to eliminate plates and utensils.
- ✓ Try supporting local farmers and using local ingredients to make an interesting carrot cake or a home made apple pie in lieu of a traditional sugary birthday cake.
- ✓ Serve as much organic, local and in-season food as you can. It is better for the environment and for your guests.
- ✓ Instead of paper plates and accessories, use biodegradable or washable ones and linen table clothes instead of plastic. Visit [www.greenhome.com](http://www.greenhome.com) for a compostable party pack.
- ✓ To eliminate decorations altogether, host your party in a natural area such as a park or a beach.
- ✓ Check online for more eco-friendly birthday ideas!