



*"We look forward to welcoming our Essex County Seniors at our Annual Essex County Senior Wellness Day. We will be offering information about programs and services available for seniors, health screenings, the benefits of exercise and good nutrition, plus music and entertainment."*

*– Joseph N. DiVincenzo, Jr.*



**Joseph N. DiVincenzo, Jr., Essex County Executive**  
**The Board of County Commissioners**  
**The Office of Senior Services**  
**And The Department of Parks, Recreation and Cultural Affairs**

Invite you to attend

*The Annual*  
**Essex County**  
**Senior Wellness Day**

**\*\* FOR ESSEX COUNTY SENIORS ONLY \*\***



**Free Event!!**

**Tuesday, September 30, 2025**  
**10 a.m. to 2 p.m.**  
**Essex County Richard J. Codey Arena**  
**560 Northfield Avenue**  
**West Orange, NJ**



**For information, call 973-621-4400**

**For transportation, call 973-737-7200**

*Please register for transportation by Friday, September 26<sup>th</sup> at 12 noon.*

*Health Screenings \*\*\* Musical Entertainment \*\*\* Dancing \*\*\* Free Food*  
*Farmers Market (bagged produce) \*\*\* Exercise Demonstrations*  
*Valuable Information \*\*\* Free Admission to Turtle Back Zoo for All Seniors*

*Putting Essex County First*