



"We look forward to welcoming our Essex County Seniors at our Annual Essex County Senior Wellness Day. We will be offering information about programs and services available for seniors, health screenings, the benefits of exercise and good nutrition, plus music and entertainment."

– Joseph N. DiVincenzo, Jr.



Joseph N. DiVincenzo, Jr., Essex County Executive
The Board of County Commissioners
The Office of Senior Services
And The Department of Parks, Recreation and Cultural Affairs

Invite you to attend

The Annual **Essex County Senior Wellness Day**

**** FOR ESSEX COUNTY SENIORS ONLY ****

Free Event!!



Tuesday, September 30, 2025
10 a.m. to 2 p.m.
Essex County Richard J. Codey Arena
560 Northfield Avenue
West Orange, NJ



For information, call 973-621-4400

For transportation, call 973-737-7200

Please register for transportation by Friday, September 26th at 12 noon.

*Health Screenings *** Musical Entertainment *** Dancing *** Free Food*
*Farmers Market (bagged produce) *** Exercise Demonstrations*
*Valuable Information *** Free Admission to Turtle Back Zoo for All Seniors*

Putting Essex County First