



"National Park and Recreation Month is the perfect opportunity to highlight the beauty of our open spaces, the importance of recreation facilities and the positive impact they have on our wellness and quality of life. The area overlooking the Orange Reservoir provides a beautiful and unique spot to host a diverse lineup of activities to exercise, entertain and inspire you. We invite the public to celebrate with us and look forward to seeing you at our upcoming events"

Joseph N. DiVincenzo, Jr.



**Joseph N. DiVincenzo, Jr., Essex County Executive
and the Board of County Commissioners
Invite You to**



Wellness on the Waterfront 2025

Essex County South Mountain Recreation Complex Clipper Pavilion, Cherry Lane

Essex County celebrates Parks and Recreation Month with free weekly activities at the Waterfront in the Essex County South Mountain Recreation Complex

Mondays **Yoga: July 7, 14, 21, 28 at 6:30pm**

All levels welcome! Please bring your own mat.

Tuesdays **Jammin' in July: July 1, 8, 15, 22, 29 at 7pm**

Elevate your Waterfront experience with music. The schedule is as follows:

July 1: Maplewood Community Band

July 22: Peter & the Master Keys

July 8: West Orange Community Band

July 29: Sterling Sample; Island Music Steel Drums

July 15: Chatham Community Band

Thursdays **Full Body Work-Out: July 3, 10, 17, 24, 31 at 6:30pm**

Join us and get in shape!

Wednesday and Thursday Nights in July

Family Fun Nights at Essex County Turtle Back Zoo.

The Zoo has extended hours on Wednesdays and Thursdays to 8pm.

Last admission 7pm. turtlebackzoo.com

FOR MORE INFORMATION VISIT www.essexcountynj.org

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